

# Ku saabsan Cope



Cope RAIC waa barnaamij caafimaadka dhimirka ku salaysan oo ay hogaaminayaan asaaga loogu talagalay in lagu qalabeeyo xubnaha bulshada qaxootiga xirfadaha muhiimka ah si waxay hagaajiyaan caafimaadkooda maskaxeед iyo fayoobidooda.



## Ka qaybgalayaasha Cope waxay noqon doonaan:

- Ka qaybqaado koox is dhexgal iyo habaysan oo taageerta asxaabta.
- Baro farsamooyinka lagu garto calaamadaha murugada iyo ku celcelinta xirfadaha la qabsiga.
- Barashada farsamooyin aad kaga jawaabto oo aad ku taageerto dadka la kulma dhibaatooyinka caafimaadka maskaxda.

## Mawduucyada lagu sahamiyay/ baratay Cope waxaa ka mid ah:

1. Hordhac
2. Dareen & nasasho
3. Kiciyeyaasha & maskaxda
4. Awoodaha & bulshada
5. Dhaawac & niyad jab
6. Walaaca
7. Murugo iyo murugo
8. Hurdo & gubasho
9. Gargaarka degdega ah ee cilmi nafsiya
10. PFA & is-daryeelka

## Faahfaahin:

Dhererka barnaamijka: 20 todobaad

Inta jeer ee fadhiga: Todobaadkii hal mar

Dhererka fadhiga: 2 saacadood

Goobta: Online ama qof ahaan

Luuqadda: Luuqada aad door bidayso

Qiimaha: Bilaash

Haddii aad rabto in aad  
ka qaybgasho  
barnaamijka fadlan  
booqo  
[www.raicindonesia.org/join-cope](http://www.raicindonesia.org/join-cope)



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